



Week 12: Inspirations

Day One

Cultivate love, offer service, and light the lamps of devotion. These qualities raise our consciousness from the horizon of ego's limitations to the infinite sky of divine Truth.

Day Two

There is work for us according to our temperament, duty, destiny, and nature but what matters most is our realization of the essential Self. Our real job is discovering how to live truthfully—allowing the radiant divine Self to express fully.

Day Three

Connect with your soul and intend to act from it. When you do, you will feel a river moving in you, a boundless joy.

Day Four

Why hold back? Set yourself free to engage fully in life—work without unnecessary anxiety; love without trying to own or control; play without holding back; set goals and aim high; miss the mark and learn from your mistakes; experience pleasure and all the good that life can offer. Free yourself from unnecessary stress based on misunderstanding the true nature of things. Does the ocean hold back from the wave? Does the sun hold back its light?

Day Five

The misguided ego attempts to rule our life by fear and competition with others; the awakened soul rules by divine love and sees the One in all. Competition is not lost; it becomes play.

Dharma 365!

A Year of Living Purposefully



Day Six

With a calm mind, affirm your blissful nature and let go of any beliefs that interfere with your ability to access it. Your innate joy will blossom with each conscious breath.

Day Seven

When we are conscious of devotion for God as we work, any task is our way of placing flowers on the altar. The flowers we offer are the sweet thoughts of divine remembrance and the altar is the awakened heart, steeped in Self-knowing.

