



## Week 8: Inspirations

### Day One

When we attempt to practice spiritual surrender—letting go of the illusion that we are separate from the one Reality—it may take a while to let go of our habitual clinging to ego identity. Yet, we will discover that we cannot stop God’s incessant grace from breaking down the barriers to truth.

### Day Two

Faith is a whole-hearted “yes.” It says: *I may not know how this can be accomplished, but I am willing to trust Spirit to guide me each step of the way, one step at a time.*

### Day Three

Discernment often requires the willingness to actively wait with faith. With a receptive heart, we begin to perceive grace astoundingly, pervasively present. When we begin to recognize grace, we wonder why it took us so long to notice. How did it escape our radar? We were not yet attuned to the subtle frequency of God’s omnipresence.

### Day Four

The road to joy is paved with surrender.

### Day Five

Faith is our ability to wait with positive expectation of revelation. Faith holds the time of not knowing as a fisherman holds his line.



## Day Six

Everything in this world is a fast-moving current of change; only God remains changeless. Rely on God alone for support in every situation. Sometimes people wonder how to do that. Start by knowing, or even imagining, you have an invisible means of support. Include other people who assist as well as helpful circumstances that come forth in your awareness of support, even as you inwardly remember the one source of it all.

## Day Seven

A single-minded focus on truth—the intention to live in harmony with the higher true Self—quickly and profoundly simplifies our spiritual path. With that steadfast commitment, no special seminars, books, or organizing techniques are needed for us to observe a more spiritually uplifting life. What we need is already within us.

