



Affirmations: Week 34

Day One

In this world of constant change, I remain anchored in the changeless, divine Self.

Day Two

My mind is clear and bright, shining with the radiance of Spirit. I respond with clarity and flexibility, drawing from the well of wisdom within me.

Day Three

How marvelous is my mind! In the storehouse of my memories, I find jewels of right thought shining in the light of awareness.

Day Four

I release any memories that are not consistent with the highest truth. I am empowered as I free myself from any restricting thoughts.

Day Five

I am free to joyously live in the soul. How fortunate I am.

Day Six

I fearlessly explore the connection between my thoughts and my experiences. I change those thoughts that would hold me back from expressing my full potential.

Day Seven

I am remolding my life every day with my fearless introspection, positive thoughts, and willingness to change.

