



## Affirmations: Week 37

### Day One

I am firmly committed to spiritual liberation in this lifetime. My sights are set on freedom!

### Day Two

My purpose is clear, and my heart is set on liberation. Ever steady in my spiritual practice, I am on track, and enjoying the opportunity of this lifetime!

### Day Three

I am on friendly terms with my Self. I continually choose to cooperate with my highest good. Peace pervades my mind as I delight in each day before me.

### Day Four

Ever aware of my power to choose freedom, I follow the soul's guidance that directs my choices.

### Day Five

My life is balanced. I tend to what is mine to do with grace, ease, and delight.

### Day Six

I accept freedom now. Nothing needs to change for me to step into the truth of my being which is always free, ever joyful, and divinely inspired.

### Day Seven

As I move through my day, I pause and inquire: What is the true path of freedom here?

